

**The Washington University Inflammatory Bowel Disease Clinic
Medication Information Sheet for Budesonide (Entocort EC)**

Brand Name: Entocort EC
Generic Name: Budesonide
Drug Class: Corticosteroid

What dose this medication do?

Used for the short-term treatment of Crohn's disease by inhibiting (suppressing) the activity of the immune system. This medication works by decreasing inflammation. Unlike prednisone, only 10% - 20% of this medication enters your circulation.

Possible Side Effects: Chances of side effects increase with longer use but are less likely than with prednisone:

- Acne
- Hirsutism (hair growth)
- Striae (stretch marks)
- Hypertension
- Headache
- Nausea
- Masking of infections
- Edema (swelling of the face, feet or ankles)
- Weight gain
- Mood disturbance
- Sleep disturbance

Call you doctor *immediately* if you have any of these side effects:

- Fever or other signs of infection
- Easy bruising or easy bleeding

Warning:

- Avoid people with obvious infections (chicken pox, measles, flu)
- Avoid live vaccines (varicella, measles, flu)
- Avoid taking this medication with grapefruit juice

- This medication may be taken with food
- If you miss a dose, take it as soon as you remember
- Please notify us if you take any of these medications:
 - Antifungals (Ketoconazole)
 - Prednisone